

THE WORLD  
v.  
Alan Dershowitz

A CHEF'S GUIDE  
TO HOLIDAY  
Entertaining

Christopher Kimball's  
FOOD FIGHT WITH  
AMERICA'S TEST KITCHEN

WHY  
Fashion ♥s the '80s  
THIS SEASON

# Boston

FIND THE RIGHT ONE FOR YOU:

## THE BEST PHYSICIANS IN 60 SPECIAL

### TOP DOCTORS 2016

HOW  
TO LIVE  
(ALMOST)  
FOREVER!  
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#### QUICK FIXES

*You may not be able to turn back time, but these cutting-edge cosmetic procedures will make it look like you did.* By HALLIE SMITH

Chin up. If your jawline has seen better days, make an appointment with Newton plastic surgeon Joseph Russo. His new **Kybella** treatment, a jowl-busting, FDA-approved injectable, uses deoxycholic acid to destroy existing fat cells and prevent the body from storing fat in the future. Patients report seeing a smoother, elevated, and better-defined chin and jawline in as few as one or two treatments. \$1,200, [josepharussosmd.com](http://josepharussosmd.com).

The **Vampire Facelift**, offered by Peabody's Skin Deep Laser Services, doesn't involve fangs, but it's still pretty scary. A doctor first draws blood, then puts it through a centrifuge to extract the platelets. The platelets are then added to dermal fillers, which are re-injected into the skin to trigger collagen production and growth of blood vessels and fatty tissues, leaving the face refreshed and rejuvenated. *Starting at \$1,200, [skindeep-ma.com](http://skindeep-ma.com).*

For those seeking a more-intimate reversal of time, cosmetic surgeon Mark Lowney offers **GynePulse Incisionless Vaginoplasty**, a laser-based procedure, in his Fall River offices. In only an hour, Lowney—the only doctor in New England to perform GIV—promises to tighten, reshape, and restore your vagina, leading to better sex, sensation, and appearance. \$6,900, [massachusettscosmetic.com](http://massachusettscosmetic.com).

Forget Rogaine—robots may be the answer to hair loss. The **Artas Robotic System**, available at cosmetic surgeon Robert Leonard's Newton office, begins with infrared cameras that analyze your scalp and create blueprints for precise hair restoration. Then the bot goes to work, identifying and harvesting optimal hair follicles before transplantation. Results promise to be permanent. *Starts at \$7,500, [hairdr.com](http://hairdr.com).*

HELPING US  
BREATHE EASIER:  
**Dr. Sidhu Gangadharan**,  
Chief of the Division of  
Thoracic Surgery and  
Interventional Pulmonology  
at Beth Israel Deaconess  
Medical Center

Singadharan, MD  
Thoracic Surgery



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